



## DOLLENBERG **All-INCLUSIVE**

The wide range of our all-inclusive packages enables you to enjoy your holidays full of variety. Enjoy the convenience of our numerous **DOLLENBERG All-INCLUSIVES** packages in addition to the previously described package details:

### DOLLENBERG **All-INCLUSIVE** HIKING and BIKING (weekly)

- We present you with a **hiking ticket** free of charge for your journeys of discovery through the Black Forest (from a stay of 7 days)
- **Strolling through Dollenberg Park:** 70,000 m<sup>2</sup> of theme park, artful benches and fantastic views from April to October
- Hike with a forest ranger through our majestic forests and in the **“Black Forest National Park”**
- **Guided hikes** along outstanding hiking paths and premium hiking trails
- **Half-day E-bike tours** along the Black Forest heights, through the vineyards and our beautiful forests

#### And in the winter?

- We hike with you through our forests, warming ourselves along the way with a romantic campfire. We also enjoy delicacies from the grill and a glass of red and white wine... The winter season is so beautiful at Dollenberg

### DOLLENBERG **All-INCLUSIVE** ENTERTAINMENT PROGRAMME (weekly)

- **Nightlife in the Bar! Every Thursday** we entertain you with live music, on Fridays we feature swinging dance music, and Saturdays come with the finest in piano music...jazz, swing, standards...
- Our **Sunday concerts** between May and October at the amphitheatre are a musical highlight and a display of the finest traditional regional costumes and brass bands
- Experience our **Hut Evenings** with accordion music and a 4-course menu: rustic, cheerful and **always on Wednesdays** at our Rensch Valley Hut

### DOLLENBERG **All-INCLUSIVE** CULINARY

- **Kitchen party every Tuesday** when we throw open our gates to our kitchen. Our expert chef Martin Herrmann and his kitchen crew conjure up culinary delicacies right before your eyes and straight onto your plate. Enjoy dancing in the kitchen and in the restaurants for a celebration where enjoyment and a congenial party mood make for timeless evenings
- 1 glass of **Dollenberg sparkling wine** to welcome you
- Our diverse **breakfast buffet**
- **6-course Connoisseur Half-Board Meal** in the evening
- **“The Wishing Table”**, a culinary fairytale exclusive to the Dollenberg. We hike with you along the **Teufelskanzel** and the **Westweg** trail to a breathtaking lookout point with a view stretching far out over the Rensch Valley. Everything is ready, the table is set and our service personnel look forward to serving you an excellent meal prepared by Martin Herrmann! (May to October, only when the weather permits)

### DOLLENBERG **All-INCLUSIVE** DOLLINA

#### Daily Programme in our Spa area:

- We get you fit with aqua gymnastics in pleasant mineral water temperatures of 32 °C: always at 8 a.m. and 4:30 p.m.
- Deep relaxation with the atmospheric sounds of singing bowl meditation
- Fascia training: Fascia is the connective tissue that holds our bodies together deep inside. Our specific training helps prevent damage from over-stressing this tissue, improves the circulation and subsequently betters the supply to the body with oxygen and nutrients
- The most famous workout: Belly-legs-rear for a flatter belly, a tighter rear end and slender legs

#### Mondays through Fridays in our Fitness Area:

- We instruct you how to use our fitness equipment properly to ensure that your training is healthy and meets your needs
- Yoga: Bring your body, mind and breathing into harmony: Namaste and welcome
- Stretching and relaxation for a flexible, smooth-working muscular system
- Nordic Walking: On Mondays and Tuesdays our personal trainer Katrin tests your stamina in the healthy Black Forest air on an individual basis in direct consultation with you

You can find details on our **wide-ranging sports programme** from our **morning post**.

Hotel guests use **DOLLINA Wellness free of charge:** Upon arrival from **3 p.m.** to departure at **11 a.m.**